



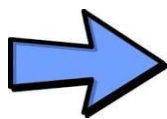
St Mary's
Catholic Primary School and Nursery

HELPING PREPARE YOU AND YOUR CHILD FOR THEIR RETURN TO ST MARY'S



- ✓ Please tell your child that school will be good, they will be welcome, looked after, they will be able to manage and they will do well.
- ✓ Everyone understands that it feels like 'starting again' – it feels just the same for the grown-ups too

- ✓ Explain what might be different – see the additional information we've shared on the website about the classrooms, the uniform, the lunches, the physical distancing etc.



- ✓ Explain that they will not be able to move around school in the way they are use to – we now have to stay apart, follow arrows and a one-way route system in some places

- ✓ Explain that playtimes will be different – we will need to play safely and differently



- ✓ Explain that it is even more important now that they follow all the new rules to keep everyone safe

- ✓ They will need to sit still in class and must not run around the school as we need to stay apart from each other. They will need to wait and let others pass in narrow areas



- ✓ Remind them that there will be help if they forget what to do or need any help

- ✓ Make sure they know what they need to bring to school, and practice getting this ready.

- ✓ Allow them to talk about their feelings. Explore



- **What are they most looking forward to?**
- **Who are they looking forward to seeing?**
- **Is there anything worrying them?**
- **What have they enjoyed doing at home?**
- **What have they missed about school?**
- **What news skills have they learnt?**
- **Do they have any questions?**
- **Do they have any worries?**

- ✓ If they are travelling to school in a new or different way, please have a practice journey.
- ✓ Keep talking each day about their day at school and what they have been doing



- ✓ Keep in touch with us here at school if you have any queries – please do not share any of your worries with your child

- ✓ Do not be afraid to admit that there are some things we don't know, but everyone in school will be doing things that we believe keeps everyone safe.

