

PE AND SPORTS PREMIUM POLICY

INTRODUCTION:

PE and Sport Premium funding was introduced in March 2013 to improve the provision of physical education and school sport in primary schools across England.

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport offered. We use the funding:

- to develop and add to the PE, physical activity and sport activities which are already offered
- to build capacity and capability within St Mary's to ensure that improvements made now will benefit pupils joining the school in future years

By using the funding, St Mary's expects to secure improvements as follows:

1. the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. the profile of PE, sport and exercise is raised across the school as a tool for whole-school improvement
3. increased confidence, knowledge and skills of all staff in delivering high quality PE and sport
4. broader, sustainable experience of a range of sports and activities offered to all pupils
5. increased participation in a range of competitive sport

AIMS AND OBJECTIVES:

Physical Education provides opportunities for ALL pupils to be creative, competitive, and cooperative and face up to different challenges as individuals both in groups and teams. It also promotes positive attitudes towards healthy and active lifestyles for life. It promotes skill, physical literacy and knowledge of the body in action. For pupils between the ages of 4-11, it is vital that PE is taught correctly and be considered as important as the 'core' subjects.

The main objective of teaching Physical Education at St Mary's is to promote a full, varied and interesting curriculum that challenges, engages and excites staff and all pupils. We also aim to help pupils:

- develop competence to excel in a broad range of physical activities

- be physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives
- appreciate the importance of safe practice in physical activity

CONVENTION ON THE RIGHTS OF THE CHILD:

Human rights are a set of basic things that every human being should have, like the right to be free, the right to say what you think, the right to an education and the right to be treated with dignity and respect.

The Convention on the Rights of the Child (UNCRC) is a human rights treaty (agreement) agreed by the United Nations in 1989. It gives children and young people all over the world over 40 major rights.

These rights include the right to a family life, the right of protection from all types of violence, the right to be healthy, the right to have a say and to be taken seriously, and the right to have an education that helps you grow as a person. The UNCRC gives extra rights to children living in very difficult circumstances, including children in trouble with the law, and refugee and asylum-seeking children.

At St Mary's Catholic Primary & Nursery School, Crewe we aim to honour and fulfil The United Nations Convention on the Rights of the Child. This guidance refers directly to the articles.

TEACHING AND LEARNING:

We base the teaching on the guidance material in the DFE programme of study for Key Stages 1 and 2. All class teachers and HLTAs teach core PE lessons.

We use a variety of techniques to encourage the children to engage actively in the curriculum. Teachers and HLTA's employ teaching methods and resources that will allow all pupils to have equal access to PE and to experience success and enjoyment in their PE work.

PE Lessons are as entertaining and enjoyable as possible because we realise that this approach serves to develop a positive attitude in pupils. We build pupil confidence through constant praise for any contribution they make, however tentative.

We teach skills through structured PE lessons, boosted by a wide variety of free and paid for extra-curricular activities offered throughout KS1 and KS2. Our own teachers or highly skilled coaches carry out these activities and with their skill and enthusiasm, ensure that all enjoy sport. We carefully plan PE against National Curriculum objectives, and assess each pupil regularly.

Our multi use games area ensures that we teach outdoor PE safely and complements the quality of PE lessons taught at St Mary's.

Our mile a day track contributes towards the completion of physical exercise in line with the Chief Medical Officers guidelines.

We teach the four elements of PE that instil knowledge, skills and understanding:

1 Acquiring and developing skills:

- to consolidate their existing skills and gain new ones
- to perform actions and skills with more consistent control and quality

2 Selecting and applying skills, tactics and compositional ideas:

- to plan, use and adapt strategies, tactics and compositional ideas for individual, pair, small-group and small-team activities
- to develop and use their knowledge of the principles behind the strategies, tactics and ideas to improve their effectiveness
- to apply rules and conventions for different activities

3 Evaluating and improving performance:

- to identify what makes a performance effective
- to suggest improvements based on this information

4 Knowledge and understanding of fitness and health:

- to know how exercise affects the body in the short term
- to warm up and prepare appropriately for different activities
- to understand why physical activity is good for their health and well-being
- to understand why wearing appropriate clothing and being hygienic is good for their health and safety
- to understand why eating an appropriate balanced and healthy diet is essential for life-long health and well-being

Staff continue to provide a variety of experiences and activities during the course of study and during a PE lesson, for example:

- Games
- Gymnastics
- Swimming (*KS2 only*)
- Indoor and Outdoor activities
- Individual and group activities
- Problem Solving
- Communicating PE ideas to others by means such as speaking, listening and appraising.

We use REAL PE across St Mary's; this ensures a progressive and tracked learning journey through fundamental movements. It allows all children to attain a level of physical literacy, ensuring success in sport and a range of skills they can apply to their lives.

We offset REAL PE with a rich variety of sport specific units that weave competition and enjoyment of sport throughout them.

INCLUSION:

We teach PE to all pupils regardless of their ability and provide a broad and balanced education for all. PE encourages pupils to make a positive contribution to the school and wider community by respecting others and working together. Pupils also develop team skills, which contribute to their future social and physical well-being. PE promotes academic learning, self-esteem, social interaction, teamwork and the life skills such as how to win and lose with dignity. Active pupils develop a longer attention span during lessons leading to improved concentration. St Mary's takes part in an inclusive sports day run by Crewe and Nantwich School Sports Partnership as well as ensuring that our own Sports Days provide inclusive sporting opportunities.

STAFF DEVELOPMENT:

Over time, staff have developed their skills and raised standards by teaching and planning alongside professional coaches. This has resulted in an increase in confidence and enjoyment of PE and dance for staff and children alike. We share expertise through team and whole staff meetings to ensure we embed a legacy of High Quality PE across our school.

EXTRA-CURRICULAR ACTIVITIES:

St Mary's provides a wide variety of extra-curricular clubs for all abilities and economic backgrounds by utilising staff expertise, outside agencies and local clubs and organisations. Details of our current provision is available on the Parent/Carer section of the school website (www.stmaryscrewe.co.uk).

MONITORING AND REVIEW:

We monitor teaching and learning in the same way as all our other lessons. We report on how the funding is used to the governing body and subject leaders have the responsibility of monitoring and evaluating the success of the teaching and learning of PE throughout the school.

MEETING NATIONAL CURRICULUM REQUIREMENTS FOR SWIMMING AND WATER SAFETY

The percentage of pupils in the current year 6 cohort who swim competently, confidently and proficiently over a distance of at least 25 metres? (Only report on their attainment at the end of year 6)	84%
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The percentage of pupils in the current year 6 cohort using a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	60%
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The percentage of the current year 6 cohort able to perform safe self-rescue in different water-based situations?	77%
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Have we used Primary PE and Sport Premium to provide additional provision for swimming?
(This must be for activities **over and above** the national curriculum requirements.)

Eight children from Years 5 and 6 participated in the annual Crewe swimming gala funded through the CNSSP. This gala is part of the annual subscription package to CNSSP. These children are talented swimmers who swim with a club or who have passed all the swimming stages.

FUNDING INFORMATION	
Academic Year 2018-19	Total Funding £21,220.00
September 2018 to March 2019	£12,378.00
April 2019 to August 2019	£8,842.00
Academic Year 2019-20	Total Funding £ to be confirmed
September 2019 to March 2020	£
April 2020 to August 2020	£

KEY INDICATOR 1:

**THE ENGAGEMENT OF ALL PUPILS IN REGULAR PHYSICAL ACTIVITY – CHIEF MEDICAL OFFICER GUIDELINES
RECOMMEND THAT PRIMARY SCHOOL CHILDREN UNDERTAKE AT LEAST 30 MINUTES OF PHYSICAL ACTIVITY A DAY
IN SCHOOL**

Academic Year: 2018/19		Date Updated: 02.07.19
Total fund allocated: £15,935.64		Updated By: PE Coordinators/SBM
School focus with clarity on intended impact on pupils:	Actions to achieve:	Evidence:
TO PROVIDE OPPORTUNITIES FOR ALL INACTIVE CHILDREN TO PARTICIPATE PHYSICAL ACTIVITY AND ENSURE THE ENGAGEMENT OF ALL PUPILS IN AT LEAST 30 MINUTES OF PHYSICAL ACTIVITY A DAY IN SCHOOL	<p>To monitor and analyse participation in whole school - clubs/ competitions to ensure balance, access and variety of opportunity for all</p> <p>Provide opportunities for inactive pupils to widen their participation, improve their fitness levels and provide opportunities to develop skills</p> <p>Offer free lunchtime fitness based club to encourage inactive children to become active and inspire a commitment to lifelong activity</p> <p>Complete class surveys to establish who takes part in a club in school and out of school. Information used to plan for inactivity</p> <p>Offer free sports focused afterschool club to all years throughout the year</p>	<p>Monitoring/evaluation records</p> <p>Pupil voice</p> <p>Registers</p> <p>Baseline and end data</p> <p>Data analysis</p> <p>Surveys</p> <p>Equipment</p>

	<p>Purchase lunchtime/break time sport resources and deploy for KS2 as a result of pupil feedback</p> <p>Develop and embed the Daily Mile to encourage pupils to run as a form of exercise which is sustainable and has great life long health benefits</p> <p>Install gym equipment around KS2 track to encourage activity, strength and conditioning</p> <p>Improve the range of opportunity for participation in sport and activity at lunchtimes and after school consistently across three terms</p>	
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KEY INDICATOR 2:

THE PROFILE OF PESSPA BEING RAISED ACROSS THE SCHOOL AS A TOOL FOR WHOLE SCHOOL IMPROVEMENT

Academic Year: 2018/19		Date Updated: 02.07.19
Total fund allocated: £1,566.20		Updated By: PE Coordinators/SBM
School focus with clarity on intended impact on pupils:	Actions to achieve:	Evidence:
TO ENSURE OUTSTANDING TEACHING AND LEARNING OF PE IS CONSISTENT THROUGHOUT THE SCHOOL	<p>Further develop and embed the REAL PE scheme of work, planning, assessment</p> <p>Arrange for newly appointed staff to attend 3 day Real PE course</p> <p>Arrange a staff meeting to refresh knowledge on the portal for Real PE lessons with a focus on planning, delivery and assessment</p> <p>Purchase any additional equipment required to continue the high quality delivery of the scheme</p> <p>Ensure staff embed fundamental skills learnt through Real PE into Sport specific lessons</p> <p>Utilise team teaching techniques with Real PE ambassadors</p> <p>Develop the effective assessment of real PE and sport specific skills in order to raise progress and attainment in PE across the school</p>	<p>Lesson plans</p> <p>Observations</p> <p>Monitoring/evaluation records</p> <p>Training and supply costs</p> <p>Resources and equipment purchase</p> <p>Staff and pupil voice</p>

	Monitor the quality of PE lessons and ensure that accurate assessment influences future PE planning	
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KEY INDICATOR 3:

INCREASED CONFIDENCE, KNOWLEDGE AND SKILLS OF ALL STAFF IN TEACHING PE AND SPORT

Academic Year: 2018/19		Date Updated: 02.07.19
Total fund allocated: £645.00		Updated By: PE Coordinators/SBM
School focus with clarity on intended impact on pupils:	Actions to achieve:	Evidence:
TO ENSURE THAT THE CONFIDENCE, KNOWLEDGE AND SKILLS OF ALL STAFF TEACHING PE AND SPORT IS CONSISTENT THROUGHOUT THE SCHOOL	<p>Monitor and evaluate the quality of PE provision across the school to enable further development to take place in identified areas</p> <p>PE Coordinators to develop staff confidence in staff meetings</p> <p>Use staff voice to direct the focus of staff meetings</p> <p>Planning uploaded on to public folder for monitoring</p> <p>Use of out of school providers for sport specific meetings</p> <p>Further develop and embed the REAL PE scheme of work, planning, assessment</p> <p>Newly appointed staff to attend 3 day Real PE course</p> <p>Provide professional development to year 4 teaching staff by offering the appropriate training to allow staff to support high quality swimming and water safety lessons for pupils.</p>	<p>Monitor/evaluation records</p> <p>Staff voice</p> <p>Staff meetings</p> <p>Planning/assessment</p> <p>Real PE training for new staff</p> <p>Training registers</p>

KEY INDICATOR 4:

BROADER EXPERIENCE OF A RANGE OF SPORTS AND ACTIVITIES OFFERED TO ALL PUPILS

Academic Year: 2018/19		Date Updated: 02.07.19
Total fund allocated: £2,608.50		Updated By: PE Coordinators/SBM
School focus with clarity on intended impact on pupils:	Actions to achieve:	Evidence:
TO MAINTAIN AND EXTEND THE PROVISION OF SPORTING OPPORTUNITIES AND RESOURCES IN ORDER FOR PUPILS TO RECEIVE A BROAD AND BALANCED CURRICULUM	<p>Develop an effective strategy to encourage healthy eating. Examples may include; Assemblies - healthy eating information, advice and guidance and establishing an after school Healthy eating club</p> <p>Use NSSW to provide free opportunities for pupils to attend varied sports throughout the week</p> <p>Provide additional opportunities to attend after school clubs</p> <p>Develop and embed the Daily Mile to encourage pupils to run as a form of exercise which is sustainable and has great life long health benefits</p> <p>Conduct a survey to establish existing sports participation and suggestions from both pupils and staff</p> <p>Provide additional top-up swimming lessons to pupils who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons.</p>	<p>Healthy Eating Strategy</p> <p>After school club register and evidence of work</p> <p>Outside sports clubs participation in NSSW</p> <p>Club registers</p> <p>Outdoor Gym Equipment</p> <p>Pupil Voice</p> <p>Staff voice</p> <p>Top Up Swimming Data</p>

	Install gym equipment around KS2 track to encourage activity, strength and conditioning	
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KEY INDICATOR 5:

INCREASED PARTICIPATION IN COMPETITIVE SPORT

Academic Year: 2018/19		Date Updated: 02.07.19
Total fund allocated: £640.00		Updated By: PE Coordinators/SBM
School focus with clarity on intended impact on pupils:	Actions to achieve:	Evidence:
TO INCREASE THE PARTICIPATION AND OPPORTUNITY TO TAKE PART IN COMPETITIONS	<p>Ensure pupils participate in at least 4 interschool competitions over three terms</p> <p>Increase the number of pupils participating and achieving in Personal Best club</p> <p>Increase the opportunities for sports leaders to referee competitions and organise inter-house school games</p> <p>Train and deploy Play leaders from KS2 to support activity and participation at KS1</p> <p>Involve the school council in promoting a fitness focus across the school</p> <p>Offer clubs specifically designed as competition preparation which will increase attendance and participation in competitions.</p> <p>Achieve silver school games mark accreditation</p> <p>Experience more competitions through CNSSP</p>	<p>Monitoring records</p> <p>Pupil Voice</p> <p>Training Records</p> <p>School Council Minutes</p> <p>Statistical Information</p> <p>Registers</p> <p>Competition evidence</p> <p>Silver school games mark accreditation</p> <p>Membership of CNSSP & Football Club</p> <p>Out of School Club Fliers/applications</p>

THE IMPACT OF THE ACTIONS TAKEN TO SECURE IMPROVEMENTS IN THE KEY INDICATORS

Key Indicators:

1. the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. the profile of PE, sport and exercise is raised across the school as a tool for whole-school improvement
3. increased confidence, knowledge and skills of all staff in delivering high quality PE and sport
4. broader, sustainable experience of a range of sports and activities offered to all pupils
5. increased participation in a range of competitive sport

IMPACT OF ACTIONS INDICATOR 1

- Ensuring that PE is taught at least twice a week – see timetables
- Providing outside space e.g MUGA for lunch and break times
- Lunchtime club which is funded (For all of KS2)
- Daily mile introduced for KS1 at lunchtimes

IMPACT OF ACTIONS INDICATOR 2

- PE achievement award in end of year assembly
- Hall of fame display in Y5/6

IMPACT OF ACTIONS INDICATOR 3

- Swimming course for Year 4 teachers
- REAL PE for Reception and Year 3 staff

IMPACT OF ACTIONS INDICATOR 4

- Funded clubs - lunch and after school

- Interschool competitions

IMPACT OF ACTIONS INDICATOR 5

- CNSSP competitions

SUSTAINABILITY AND SUGGESTED NEXT STEPS TO SECURE IMPROVEMENTS IN THE KEY INDICATORS

Key Indicators:

1. the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
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SUSTAINABILITY AND SUGGESTED NEXT STEPS INDICATOR 1

- Ensuring that PE is taught at least twice a week
- Providing outside space e.g MUGA for lunch and break times – if it is wet play using the hall for Just dance
- Additional clubs at lunchtimes which are funded
- Daily mile to be introduced for all classes

SUSTAINABILITY AND SUGGESTED NEXT STEPS INDICATOR 2

- Celebrating in Good Book assemblies achievements in PE
- PE achievement award in end of year assembly
- Hall of fame display in Y5/6 - develop into other Key stages

SUSTAINABILITY AND SUGGESTED NEXT STEPS INDICATOR 3

- CPD in subject specific sports
- Additional training courses or staff meetings as and when available (from staff voice)

SUSTAINABILITY AND SUGGESTED NEXT STEPS INDICATOR 4

- Funded clubs - lunch and after school
- Allowing more teams to participate in competitions for CNSSP
- Interschool competitions

SUSTAINABILITY AND SUGGESTED NEXT STEPS INDICATOR 5

- CNSSP competitions – increase number of teams and offer a wider range of competitions