



**DOMESTIC ABUSE
FAMILY SAFETY UNIT**



**NO
MORE**

**Blaming
yourself!**

**They want you to believe it's your fault,
but it's not. Reach out for help.**

Support is just a call away.

0300 123 5101



www.cheshireeast.gov.uk/domesticabuse

**Cheshire East
Council**

The Cheshire East Council logo is located in the bottom right corner. It features the text 'Cheshire East Council' in a bold, sans-serif font, with a stylized graphic of wheat stalks to the right.